

## Parkinson's Awareness Week

is an annual opportunity to raise public awareness and build understanding of the condition.



In the UK, more than three quarters of people (77%) are thought to know little or nothing about Parkinson's, so as well as a national campaign, the local Branches are asked to hold awareness raising events.

This year, the week was focus was *taking back control*, and held between 7 - 13 April, with World Parkinson's Day on Friday 11 April. The idea was to:

- Raise public awareness of what life can be like with Parkinson's – especially that Parkinson's is much more than a tremor
- Make life a little easier for people with Parkinson's by encouraging the public to be more understanding
- Reach out to everyone affected by the condition, so no one faces Parkinson's alone

Bhanu is a member of the Sheffield Branch and organised a one-day awareness event. In addition to informative speeches and songs from our local singing group, we hosted a drop-in exhibition with Sheffield Hallam University's Public Health Hub to showcase the achievements of our members who had given us paintings, poetry, needlework and crafts to display.



**Anna Jones**, honored guest, looking at other exhibits



**George** showing **Bhanu Ramaswamy** the last piece of pottery he ever made