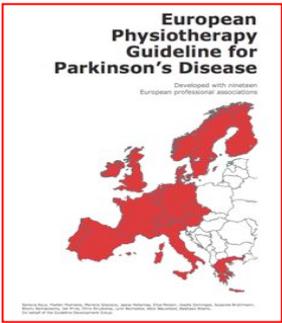




A good day to all of you, and here's hoping you are all well. For those of you who observe Easter, I hope you have had a wonderful celebration. You can see why I am a few days late getting this email out to you all – sat on the green sofa, making decisions about which chocolate to eat first took its toll!

The reason I am writing is that we have been very busy improving things out there for physiotherapists who wish to understand more about Parkinson's, so here are six things for you to look into and to follow up:

<p>1</p>		<p>The APPDE core team have worked really hard on this collaborative project with Rachael Lowe and her team to build up the pages on this international wiki site for physiotherapists on Parkinson's in readiness for Parkinson's Awareness Week earlier this month.</p> <p>Visit the summary about the work at http://www.physiospot.com/physiopedia/are-you-aware-its-parkinsons-awareness-week/</p> <p>And see pages at: http://www.physio-pedia.com/APPDE_Project and the email suggestions of articles and subjects to add.</p>
<p>2</p>		<p>See the abstract for Fiona Lindop, Lisa Brown, Mariella Graziano and Anna Jones article on Atypical Parkinsonism: Making the case for a neuropalliative rehabilitation approach in the <i>International Journal of Therapy and Rehabilitation</i>; 21 (4); 176 – 182. Follow the links at: http://www.appde.eu/news.asp and also on the APPDE resource page</p>
<p>3</p>		<p>A 1st European Physiotherapy Guideline for Parkinson's Disease has been developed in collaboration with 19 European professional associations.</p> <p>You are invited to have a look at the PENULTIMATE version and can find the link to it, together with a form to provide any feedback you may have on:</p> <p>http://www.appde.eu/european-physiotherapy-guidelines.asp</p>

4	<p>Case studies – check the Member's Only area to check out the proposal, visions and goals for writing a Case Study, including the example uploaded by Josefa about a multi-task gait training programme at http://www.appde.eu/01/quarterly-case-study-intro.asp.</p> <p>In the Member Case Study section, you can see the multi-disciplinary submission from the Derby Team that looks at the approach to the assessment and treatment of a newly diagnosed patient with Parkinson's.</p> <p>Susanne, in Switzerland is currently writing the next Case Study, so we cannot wait to hear which one of you wants to submit the one after that....</p>
5	<p>Have you checked out the latest on our APPDE Facebook and Twitter pages?</p> <p> Follow Twitter: @euPhysioPD and add to the conversations - You can see the outcome of the @PhysioChat that took part with the APPDE, Fiona, Anna and Bhanu for UK's Parkinson's Awareness Week</p> <p> Like Facebook: https://www.facebook.com/euPhysioPD. We have just had Parkinson's Day – see the photos from Fiona's trip to Downing Street, and Bhanu and Anna at a Sheffield Event for Parkinson's Awareness Week.</p> <p>There is also the short story and photo from Irish physiotherapists David Hegarty, Gillian Quinn, Roisin Moloney, Elaine Harrington, Eithne Waldron who ran an Advanced Training course for physiotherapists on the subject of Parkinson's.</p> <p>We look forward to hearing and seeing what you got up to.</p>
6	<p>Member publications: Thomas Sierla has shared the English version of his article - <i>The Prone Position as a Therapeutic Measure for the Treatment of Retropulsion in Patients with Parkinson's Disease</i>.</p> <p>In this article, Thomas reviews reasons for potential effectiveness of the prone position for people with Parkinson's, and discusses the applications of the position in physiotherapy practice. You can download and read the publication at: http://www.appde.eu/news.asp</p> <p>Under Thomas's article, you can also see copies of articles from two other members:</p> <ol style="list-style-type: none"> 1. Esa Bärlund's Master's Degree dissertation on <i>Recently diagnosed Parkinson's disease patients gait and balance - restrictions in self-reported and objective measurements of activity in the ICF framework</i>. (Added 26 September 2013) 2. Jaana Paltamaa article on the European Guideline for Physiotherapists in Parkinson's originally in Finnish. ENGLISH VERSION NOW AVAILABLE!!! <p>Let us know if you have an article to share with the APPDE</p>